

MISSIONARY SERVANTS OF THE MOST HOLY TRINITY ---- FORMATION CURRICULUM

NOVEMBER 2015

*Forming apostles*



*To preserve the faith*

## Missionary Servants of the Most Holy Trinity Formation Curriculum

*The apostolic spirit is a rare spirit, a priceless spirit, a spirit high above that of those who are ordinarily devout. This is the spirit of those great, self-denying, sacrificing lovers of Jesus who leave everything and dispose themselves to go anywhere.*

Fr. Judge as quoted on Rule of Life no. 39.

Throughout the history of Religious Life women and men have found a sense of renewal and purpose by insisting on being true to a foundational charism in the context of the signs of the times.

For ourselves as Missionary Servants of the Most Holy Trinity, as we journey across geographic and cultural spaces in the 21<sup>st</sup> century, we find it necessary to be especially attentive to the formation processes of our students. We have found that our schools, even as they may excel in such areas of study as philosophy and theology, do not provide all that is necessary. Therefore, our formation program needs to be responsible in each area of formation for charism related study and related exercises.

In the pages that follow we offer the Formation Curriculum for Missionary Servants of the Most Holy Trinity. This curriculum, identifies requirements to be fulfilled in each area of formation and by each stage of formation.

This curriculum was presented at the extraordinary session of the Vocation Development Committee in November 2015 and was approved by the General Custodian and General Council at their December 2015 session.

We recognize that this document, in its present stage, is still lacking an academic curriculum. This document is still in process. Furthermore, we recognize that especially since this is a first effort by the Congregation to promote a curriculum of its kind, there will be much to learn and adapt. We look forward to an evaluation and the ongoing development of this very important guide to our formation programs.

In the Trinity

Francisco Gómez, S.T for the

Vocation Development Committee

## I SPIRITUAL LIFE CURRICULUM

### MISSIONARY SERVANTS OF THE MOST HOLY TRINITY FORMATION PROGRAM

#### Introduction

- I. The Spiritual Life Curriculum takes very much into account the established profile of a person in formation with the well defined purpose of becoming a Missionary Servant of the Most Holy Trinity, as a Religious Brother or a Religious Priest. This well defined purpose is the priority in the formation program. There are other influences that may tend to dilute this priority. Therefore, it is required that the specifically Missionary Servant Formation exercises be at the very least as demanding as a university course. It is worth mentioning that today, perhaps more than ever, there is a tendency towards the satisfaction of private and individualistic wants, for this very reason, our formation programs must insist in fraternal and community life.

In putting this curriculum into practice, as in every aspect of our life as a Congregation, it is extremely important that the dynamic reality of culture be recognized. Every cultural manifestation is an expression of the Incarnation which requires that each of us be open to encounter, welcome, receptivity and dialogue. We represent a growing ethnic and racial diversity. The task is not one of assimilation but of constant disposition in such a way that all of us might be initiated into a life style that is congruent with the Gospel, the Signs of the Times, and the mission entrusted to the Missionary Servants of the Most Holy Trinity.

One aspect of our spirituality as Missionary Servants that is necessary to underline is that of “accompaniment”. Accompaniment describes in a significant way our fraternal relationship and how we do mission. Our following of the Lord demands that we avoid elitisms and paternalisms. We walk together, especially with the poor and the abandoned who are first in revealing to us the presence and action of the Triune Lord in a privileged manner.

- II. The two elements that the Spiritual Life Curriculum will be attentive to are as follows:
  - A. The living out of a loving relationship with God that is nurtured by Cenacle Spirituality.

- B. A love for our charism that is personal put into practice and specific that directs the person towards devotional knowledge.

III. In the Spiritual Life Curriculum, we recognize that these two elements require attention from several perspectives or goals that in turn translate into three common strands in each program.

- A. A Man of Faith and Prayer is someone who is maturing more and more in his relationship with a loving God. This is where the intimate communication with God manifests itself in Faith and Charity. Given that “the degree of your charity depends on the degree of your faith”, this is where the contemplative is set aflame with a white heat of charity and corresponding apostolic zeal put into action. Insisting that it has to do specifically with Missionary Servants of the Most Holy Trinity, the concrete experience of God is with the person of Jesus in the Congregation’s privileged places of encounter such as Jesus abandoned in Calvary and Gethsemane.

This man of prayer is able to share his faith and prayer with others, without exception. He has the capacity to give expression to his experience of God and discipleship. So too is purity of intention noticeable in terms of all his activities, programs and tasks in the cenacle: “*All for the love of God and his neighbor*”.

- B. Men whose identity is founded upon the charism of the Congregation. The person matures profoundly according to our charism. This has to do with a devotional knowledge of that which is of the essence of the Missionary Servants of the Most Holy Trinity. The Congregation’s charism is integrated into all aspects of the person such that the person is able to say, “I love our charism, it is my charism” and moves the person to living this charism out in mission. The devotional knowledge of our charism is acquired through the person’s appreciation of cenacle history, our spirit, our devotions and traditions. This does not take place in isolation. In a deliberate way and in the practice of the same, this is carried out in the context and direct and continuous contact with the Missionary Cenacle Family.
- C. Men of fidelity and commitment: Discernment of the will of God does not remain in the abstract, it becomes a concrete option. There is a discernment task in each level of formation that leads to concrete options. These options are a response to the movement of the Holy Spirit in our lives and require fidelity and commitment. In the words of our Founder and Rule of Life, *We are to become perfect in the spirit and virtues of the Cenacle, to live and die simple, prudent, humble, charitable men of sacrifice, of patience, of self-denial whose lives are spent and consecrated to the service of God the Father, Son and Holy Spirit.* ( RL 22).

- IV. The formation task is not about a series of mechanical transitions that take place automatically and come to conclusion at the end of each stage. It is rather a spiral of development, from vocation promotion to the giving of self with the profession of vows, there is a constant maturing and integrating process into our way of life as men of prayer and bearers of Missionary Servant charism.
- V. It is to be understood that each and every aspect of our formation programs, even materials that are not explicitly Missionary Servant, will be presented from the perspective of Missionary Servant experience and spirituality.

SPIRITUAL LIFE CURRICULUM  
IN THE FORMATION PROGRAM  
OF THE MISSIONARY SERVANTS OF THE MOST HOLY TRINITY

VOCATION PROMOTION	PRE-NOVITIATE	NOVITIATE	POST-NOVITIATE
<p>The Director is the Vocation Promoter - fosters the Fire of the Spirit in the prospect</p>	<p>The Director fosters the Fire of the Spirit in the Aspirant, Candidate and Postulant</p>	<p>The Director fosters the Fire of the Spirit in the Novice</p>	<p>The Director fosters the Fire of the Spirit in the Professed</p>
<p>In the promotion of vocations, the prospect is first identified and then his development is supported and encouraged. This process is followed from the initial contact until the individual is presented to the Admissions Board.</p>	<p>The prenovitiate encompasses three stages: Aspirant, Candidate and Postulant. Each stage indicates a growing certainty before God that the individual has a vocation to Religious Life as a Missionary Servant of the Most Holy Trinity. He is accompanied, provided with resources and context of life in a community where the certainty of the vocation allows for the request</p>	<p>At this level, the student continues on the path outlined in the pre-novitiate and is invited to an in-depth personal [examination] that allows the novice to discern that the Lord is calling him to the First Profession of Vows as a Missionary Servant of the Most Holy Trinity. As a matter of fact, the central theme of the entire Novitiate year is the spiritual dimension. It is profound prayer</p>	<p>The professed brother is already a religious who, after the pre-novitiate and novitiate levels, confirmed his vocation as a Missionary Servant of the Most Holy Trinity by the vows of poverty, chastity and obedience. He will receive support in the Post-Novitiate in continuing the development of his spiritual life based on the religious profession he has done. The prophetic dimension and justice efforts are</p>

<p>I. <u>Man of Faith.</u> The spirit of the Cenacle is a Christlike spirit, of “faith working through love” (Gal 5:6) We are to confess in our hearts the mysteries of faith: The Trinity, the Incarnation and the abiding presence of the Holy Spirit (RL 9).</p>	<p>(application) to proceed to the Novitiate.</p> <p>I. <u>Man of Faith.</u> The spirit of the Cenacle is a Christlike spirit, of “faith working through love” (Gal 5:6) We are to confess in our hearts the mysteries of faith: The Trinity, the Incarnation and the abiding presence of the Holy Spirit (RL 9). At this stage of formation, the relationship of the student with God in the person of Jesus is cultivated and deepened in the personal, community and apostolic dimensions.</p>	<p>that provides the context of meditation and reflection on God’s call to Religious Life as a Missionary Servant of the Most Holy Trinity and a fitting personal response in community to that call.</p> <p>I. <u>Man of Faith.</u> The spirit of the Cenacle is a Christlike spirit, of “faith working through love” (Gal 5:6) We are to confess in our hearts the mysteries of faith: The Trinity, the Incarnation and the abiding presence of the Holy Spirit (RL 9). In the Novitiate, the personal relationship with Jesus strives to manifest the spirit of the Missionary Servants of the Most Holy Trinity <i>whose lives are spent and consecrated to the service of God the Father, Son and Holy Spirit. (RL 22).</i></p>	<p>inherent to the Missionary Servants of the Most Holy Trinity.</p> <p>I. <u>Man of Faith.</u> The spirit of the Cenacle is a Christlike spirit, of “faith working through love” (Gal 5:6) We are to confess in our hearts the mysteries of faith: The Trinity, the Incarnation and the abiding presence of the Holy Spirit (RL 9). The integration of the mysteries in the Post-Novitiate is carried out in everyday life, especially in community life and the apostolate. This practice allows the individual to develop and affirm the resources of the spirit that capacitate him for a fulfilling life as Missionary Servant of the Most Holy Trinity. It's the apostolic spirit of the Missionary Servants of the Most Holy Trinity <i>whose lives are spent and consecrated to</i></p>
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>A. We look for signs in the prospect that indicate that his faith is alive and is constant and it will be encouraged. Particularly, the task will be to support the development of his ability to reflect on his experience of faith coupled with reading God’s Word and reflecting on it. The fact that the prospect holds the Word of God in high esteem is an initial sign of a vocation (RL 14).</p> <p>B. We seek to identify an image and quality of a relationship with God that fits the spirituality of the Missionary Servants of the Most Holy Trinity.</p>	<p>A. We build on life experience, having the biography transformed into an encounter with Jesus in the reading and reflection of God’s Word. In this way we come to a <i>devotional knowledge</i> of the mysteries of faith and we come to a deeper understanding of our own experience. (RL 14).</p> <p>B. We become aware of how the Lord is confirming the disciple’s journey towards Religious Life as a Missionary Servant of the Most Holy Trinity.</p>	<p>A. We build on the work of the pre-novitiate on <i>knowing oneself</i> and it is placed in the light of the mysteries of the Most Holy Trinity, the Incarnation and the Holy Spirit, and our own devotional practices of the Missionary Cenacle. The goal is to cultivate our spirituality and the identity and strength of the Missionary Servant of the Most Holy Trinity at the same time.</p> <p>B. In a comprehensive manner (Human Development, Spiritual, Community, Apostolic), the novice considers God’s action in his life in light of his discipleship. This consideration allows the novice to truly discern his vocation as a “Missionary Servant of the Most Holy Trinity” and it also gives an indication of the continuous formation undertaking that it entails.</p>	<p><i>the service of God the Father, Son and Holy Spirit. (RL 22).</i></p> <p>A. Life is lived in a way that the encounter with Jesus through the reflection on the Word, continues to deepen the devotional knowledge of the mysteries of the faith. In previous formation stages the emphasis has been on the acquisition of this devotional knowledge. The emphasis in the Post-Novitiate is experiential. That which is acquired is transmitted faithfully.</p> <p>B. The confirmation of the discipleship journey is experienced (lived out), as a Missionary Servant of the Most Holy Trinity. The theoretical concept is left behind as a road that has already been traveled to go on to live life according to the faith rooted in the heart of the professed.</p>
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>C. The vocation call is placed within the specific context of the Missionary Servant of the Most Holy Trinity, the Missionary Cenacle Family and of the Church and its mission.</p> <p>D. We strive for the prospect to have a sacramental life that</p>	<p>C. The vocation call of the student is placed within the specific context of the Missionary Servant of the Most Holy Trinity, the Missionary Cenacle Family and of the Church and its mission.</p> <p>D. The Eucharist is the <i>center and sun</i> of our apostolic</p>	<p>C. The vocation call of the student is placed within the specific context of the Missionary Servant of the Most Holy Trinity, the Missionary Cenacle Family and of the Church and its mission. In the Novitiate, there is an encounter between the novice, who is now conscious of his vocation, the gift of oneself for the mission, through specific documentation, with the mission that the Lord has entrusted to the Church. Specifically, the encounter takes place with the portion of that mission that the Lord has entrusted to the Missionary Servants of the Most Holy Trinity. This encounter facilitates the confirmation of the vocation by acknowledging that there is a correlation between the gift for mission, who the novice is, and the mission of the Congregation itself.</p> <p>D. The Eucharist is the <i>center and sun</i> of our apostolic lives (RL 15). Daily participation</p>	<p>C. The Professed Brother sees himself as a member of the Missionary Cenacle Family. The zeal to have every Catholic be an apostle, in the Church and its mission is recognized as a priority that needs to be cultivated while carrying out the apostolates of the Congregation.</p> <p>D. The Eucharist is the <i>center and sun</i> of our apostolic lives</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>is nourished particularly by the Eucharist and is expressed through good works. For the Missionary Servants of the Most Holy Trinity, the Eucharist is the <i>center and sun</i> of our apostolic lives (RL 15). Every opportunity will be taken to invite the prospect to share the Eucharist in our missions and formation houses.</p>	<p>lives (RL 15). The daily celebration of the Eucharist is duly prepared so that it is a genuine expression of community and a source of apostolic vitality. This preparation includes studying the Word and the Sacraments in the context of the Church and mission of the Missionary Servants of the Most Holy Trinity.</p> <p>E. Christ, in the Blessed Sacrament is given a privileged place in the life of the cenacle during the celebration of the Holy Hour and the traditional devotion on Thursdays. It is here that personal as well as community contact with Christ is experienced.</p>	<p>and the practice of apostolic activity in the novitiate are the raw materials for personal reflection and prayer. The contribution from the writings of Fr. Thomas Agustin Judge and relevant documentation on the Eucharist is added to this. These combined elements allow the novice the experience of bringing to the Eucharistic table and taking from it the life itself of the Missionary Servant of the Most Holy Trinity offering a clear expression of the prophetic dimension.</p> <p>E. Christ, in the Blessed Sacrament, deepens the personal and communal experience and nurtures the identity of the Missionary Servant of the Most Holy Trinity. In the prayerful silence experienced before the Blessed Sacrament, the novices find a point for integrating their life, vocation and mission.</p>	<p>(RL 15). The daily celebration of the Eucharist is duly prepared so that it is a genuine expression of community and a source of apostolic vitality that is prophetic. Proper attention shall be given to the liturgical practice, including developing the preaching aspect so that it communicates the Good News appropriately. The dynamic integration of the Eucharistic elements, community life, apostolic practice, and personal discipleship shall be given due attention.</p> <p>E. Christ, in the Blessed Sacrament, is a privileged place where the contemplative dimension is nurtured and apostolic action emerges from there. It is an encounter that the Religious has with Christ within the context of fraternity. In this encounter the complete identity of the Missionary Servant comes to know the white heat of the divine love</p>
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>II. <u>Man of Prayer</u>. We recognize that <i>“only a spiritual person can lead an apostolic life, and that we cannot be spiritual without prayer”</i> (RL 17). As part of the discernment process, the prospect will receive support in his ability to express clearly what his relationship with God is and his personal prayer style. In particular:</p> <p>A. Will be able to identify Jesus as key in his process and faith life (RL 10).</p>	<p>II. <u>Man of Prayer</u>. We recognize that <i>“only a spiritual person can lead an apostolic life, and that we cannot be spiritual without prayer”</i> (RL 17). In the Pre-Novitiate a transition from being prayerful men to being prayerful men as Missionary Servants of the Most Holy Trinity is propitiated. We recognize that Our Lord calls us to prayer and that this needs to be a priority in the providence of daily life. A prayer that extends for at least an hour every day.</p> <p>A. Jesus is clearly identified in the Pre-Novitiate as the One that calls to a vocation and the One that invites an individual to <i>“be with Him”</i> (Mk 13) so that together</p>	<p>II. <u>Man of Prayer</u>. We recognize that <i>“only a spiritual person can lead an apostolic life, and that we cannot be spiritual without prayer”</i> (RL 17). And, <i>the Cenacle spirit is a prayerful spirit. (RL 17)</i>. The Novice is called <i>“to the desert”</i>, a privileged place of prayer. It is here that we pray that the student can come to say, <i>“Here I am, Lord, to do as you wish”</i>. The discipline of daily prayer deepens during personal recollection and prayerful silence for the praying man.</p> <p>A. A conscientious and informed prayer is inherent to this desert. The Novice knows Jesus, who calls him to Religious Life, specifically as a Missionary Servant of the Most Holy Trinity, more</p>	<p>that seeks to set the earth on fire.</p> <p>II. <u>Man of Prayer</u>. We recognize that <i>“only a spiritual person can lead an apostolic life, and that we cannot be spiritual without prayer”</i> (RL 17). Through prayer, intimacy with the Lord is experienced and this shall sustain, give life and purpose to the professed. This intimacy is supported and cultivated so that it can be fully integrated in the life of the individual and that it may continue throughout his life after the initial formation phase. The Cenacle spirit is a prayerful spirit (RL 17). The discipline of personal recollection and the prayerful silence of the praying man includes the apostolic disposition.</p> <p>A. In the Post-Novitiate, prayer is nourished by the academic exercise corresponding to this phase. It is prayer that is rooted in the intellectual rigor of the student, particularly</p>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>B. He will have a spiritual director<sup>1</sup> with who he can share his process of discernment identifying God's presence in his life (RL 18) and the corresponding apostolic thrust.</p> <p>C. Will be open to different forms of prayer that nourish and call to apostolic activity.</p>	<p>they may discern to choose the Missionary Servants of the Most Holy Trinity.</p> <p>B. He will have a spiritual director he can share his process of discernment identifying God's presence in his life (RL 18) and the corresponding apostolic thrust. The Pre-Novitiate Director will make a recommendation on a director and spiritual direction.<sup>2</sup></p>	<p>profoundly. This knowledge comes from the Sacred Scriptures, history, Church documents, the Congregation's documents and the present time.</p> <p>B. Spiritual direction is essential in the novitiate (RL 18). The Novitiate Director, per se, is the spiritual director of the novice. Nonetheless, the novice will have spiritual direction from other people.<sup>3</sup> These individuals are approved by the Director of the Novitiate and they should be other Missionary Servants or members of the Missionary Cenacle Family.</p>	<p>when it comes to Sacred Scripture, history and Church documents, history and documents of the Congregation and an active discernment of the signs of the times.</p> <p>B. The professed brother, who is now aware of his personal responsibility and fidelity to the Rule of Life and Constitution of the Congregation, beginning on the first semester as a professed brother, will establish a relationship of spiritual direction<sup>5</sup>.</p>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<sup>1</sup> Spiritual Direction: The expectation is that each student will have his spiritual director (RL 18). The program director will be responsible for clarifying the qualities of a spiritual director and will help the student to select one in a timely fashion. It is expected that the corresponding formation program director will have a list available of recommended spiritual directors for the student. The director will communicate with the spiritual director to the degree that it is necessary to affirm our identity before the spiritual director. N.B. The student always is free to choose his confessor.

<sup>2</sup> Ibid.

<sup>3</sup> Ibid

<sup>5</sup> ibid

<p>In social vocation gatherings, there will be teachings and experiences regarding prayer.</p> <p>D. Will be attracted and open to the spirituality of the Missionary Servants of the Most Holy Trinity. Will have materials and documents of Missionary Cenacle readily available to him (RL 17).</p>	<p>C. Teaching, exercises and a time for prayer in its different forms will be provided, and each will have content that focuses on our charism and spiritual documents so that the student may be “more attentive <i>to the lights and impulses</i> of the Holy Spirit in our following of Christ” (RL 18). In particular, the endeavor is for the student to come to identify and know how to use in his own prayer the different methods such as the Lectio Divina, the Liturgy of the Hours, Contemplation, Centering Prayer and Prayer with music.</p> <p>D. Will cultivate a prayer that is not “<i>narrow, personal prayer. It should reach the throne of God only after having touched the farthest bounds of God’s creation</i>” (RL 20). Hence we will be contemplatives in action in daily life. For the Missionary Servant it is important that this aspect of his spirituality</p>	<p>C. The desert experience in the novitiate illuminates prayer in its different forms. In a special way, community and liturgical prayer is practiced, silent prayer and spontaneous prayer with days of recollection and prayerful silence. Prayer based on the experience allows us to foster its development, methodology and acknowledging God’s presence and action in the providence of daily life. In other words, “more attentive <i>to the lights and impulses</i> of the Holy Spirit in our following of Christ” (RL 18).</p> <p>D. An encounter is fostered with the Jesus of Fr. Thomas Augustin Judge, <i>the naked, abandoned Jesus in Cavalry</i>, (RL 10). In this encounter we celebrate the Gospel spirit, the radical following of Jesus and a fuller expression of our baptismal consecration (RL 12). It is in everyday life that the novice will experience on</p>	<p>C. The Professed Brother receives support in the discipline and vocation to accompany others in their prayer journey as a prayerful individual who has gotten to know his own form of prayer.</p> <p>D. Times will be propitiated for the practice of prayer. This prayer shall not be “<i>narrow, personal prayer. It should reach the throne of God only after having touched the farthest bounds of God’s creation</i>” (RL 20). Hence we will be contemplatives in action in everyday life. In these times for prayer, we</p>
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>be expressed in the context of fraternity. In other words, a prayer experience that includes the brothers in the community but it will insist on prayer from and with the poor and abandoned.</p> <p>E. A prayer will be cultivated where we attribute <i>“great value to the periods of prayerful silence and recollection” (RL 17)</i> in which different aspects of our spirituality will be substantively present.</p> <p>F. We will cultivate a prayer that expresses the shared</p>	<p>a personal and fraternal level the apostle’s task of recognizing Jesus’ presence and action.</p> <p>E. In the Novitiate, it is in the “desert” that we value “the periods of prayerful silence and recollection” (RV 17). We incorporate the experience of the apostolate to this prayer experience. This incorporation of contemplation and action bears the fruit of a personal confirmation of vocation; Missionary Servant of the Most Holy Trinity.</p> <p>F. We will cultivate a prayer that incorporates daily life</p>	<p>shall cultivate a privileged openness to the prophetic dimension and commitment to justice. In a practical way, the professed brother will engage in reading the signs of the times. This attention to the signs of the times provides the professed brother an intimate connection between his prayer life and the present time accompanied by his brothers in the community and the poor and abandoned.</p> <p>E. Taking ownership of the charism shall be evident in the brother, also making evident how silence in the daily presence of God and pure intentions (Being Good) leads to the practical apostolic expression (To do good). Identifying in our sources of Trinitarian Tradition (spiritual exercises, Fr. Judge Reflections, etc.) God’s specific call to us to be a: (Power for Good).</p> <p>F. As a result of the insight acquired throughout the</p>
--	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>life experience and faith that are from the essence of our identity as Missionary Servants.</p> <p>G. We shall cultivate prayer that holds <i>“the Word of God in high esteem ... Each shall have a copy of the Sacred Scriptures and make frequent use of them in prayer and proclamation”</i> (RL 14). The students are introduced to the Missionary Cenacle Spiritual Exercises in order to foster in them a more attentive identification with the spirituality of the Congregation.</p> <p>H. We will cultivate the prayer that is the sacrament of reconciliation. “Because of our need for God’s mercy in our brokenness, we approach the Sacrament of</p>	<p>with faith in a way that one nourishes the other. This deepening of our prayer life, always within the spirituality of the Cenacle, has as its goal for the novice to be able to share his experience of God with others.</p> <p>G. In the Missionary Cenacle Spiritual Exercises, we have a fruit of prayer that is the encounter of the Word of God and the response given by the Missionary Servants of the Most Holy Trinity. These exercises constitute one of the main pillars of our spirituality. In the novitiate, the exercises shall be fully experienced.</p> <p>H. The prayer in the desert that the novitiate provides for an intimate familiarity with the God of our vocation as Missionary Servants of the Most Holy Trinity. This</p>	<p>years, the brothers engage in prayer as men of faith, expressed and lived as Trinitarians, making evident the Tradition, practices and devotions of our community, embodied by our brothers and that is manifested in all areas of the house.</p> <p>G. In the Post-Novitiate the Spiritual Exercises of the Missionary Cenacle have a privileged place in the spiritual life of the professed. The Exercises shall be experienced annually (RL18) and from the fruit of the exercises, the discernment in everyday life, as well as community and personal prayer will find their illumination. It is expected that the spiritual exercises will be done before the perpetual vows fully for 30 days.</p> <p>H. The practice of sacramental reconciliation will be part of the spiritual life of the professed Brother. It is our duty and legacy to approach the Sacrament of Penance</p>
--	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>Penance frequently for reconciliation and healing. By our experience of sacramental forgiveness, we grow in mercy and compassion towards others” (RL 16).</p> <p>I. As a fruit of a life of prayer the art of discernment shall be cultivated. We will help the pre-novice to discover how the Spirit of the Lord guides us toward Him and towards the charism of the Missionary Servant of the Most Holy Trinity, as an individual and as a community. The task of discernment is carried out in such a way that the spirituality of the Congregation is specifically highlighted.</p>	<p>intimate familiarity reveals the divine compassion that transforms every flaw and frailty. Prayer is encouraged in such a way that it is the sacrament of reconciliation and we are to approach this sacrament frequently (RL 16). In a practical way we are to develop the ability to identify what is not from God and the resources that our Lord bestows on us in order to keep us faithful to our vocation on a personal and community level.</p> <p>I. In the novitiate, the Brother Novices will engage in the practice of discernment. We will help them to discover, as an individual or as a community, the impulses of the Lord’s Spirit and the divine will. In a practical way, we confirm the vocation and consistent disposition for the First Vows. This discernment also tends to acknowledge with gratitude the gifts of fraternity and community that we are bestowed with to keep us faithful to our</p>	<p>frequently for reconciliation and healing. (RL 16)</p> <p>Being that a course of studies is a formative tool for a spiritual and pastoral life, the courses shall sustain the personal experience of reconciliation with God and community. At the same time, the courses will help the individual to develop his ability to pastorally form others in this specific area.</p> <p>I. In the Post-Novitiate, the knowledge gained in the desert of the novitiate about discernment, now is deepened and implemented. The Professed Brother is supported in developing the art of discernment specifically as a Missionary Servant of the Most Holy Trinity: In everyday life, in the reading of the Signs of the Times, in the option for justice, in the response given to the vow of obedience, in choosing the apostolate and mission method.</p>
--	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>II. <u>Men Whose Identity is Rooted in the Charism</u>. The Cenacle spirit is an apostolic spirit which finds its perfection in zeal, the white heat of charity. (RL 22). The prospect is introduced to our spirit, our charism, our works and places where we serve, making our specific mission known and the main endeavor of our community: preservation of the faith and that every catholic be an apostle.</p>	<p>III. <u>Men Whose Identity is Rooted in the Charism</u>. The Cenacle spirit is an apostolic spirit which finds its perfection in zeal, the white heat of charity. (RL 22). In the Pre-Novitiate, the charism is formally introduced by didactic material, exercises and experiences.</p>	<p>vocation (Const. 13.1; 24). It is both about the task of discernment and the spirituality method of the Congregation.</p> <p>III. <u>Men Whose Identity is Rooted in the Charism</u>. The Cenacle spirit is an apostolic spirit which finds its perfection in zeal, the white heat of charity. (RL 22). In the “desert” of the Novitiate, we come to a greater appreciation and love of the charism as a Missionary Servant of the Most Holy Trinity which provides for a unique connection and the ability to declare: “I am the charism”. This is a process of internalization through reflection, prayer and sharing with the brothers in community that leads the novice to a deeper level. This process allows the novice to accept, grow and embody the charism. The profession of vows becomes an expression of the lifestyle and total surrender of oneself, after this internalization. Life</p>	<p>III. <u>Men Whose Identity is Rooted in the Charism</u>. The Cenacle spirit is an apostolic spirit which finds its perfection in zeal, the white heat of charity. (RL 22). Now as professed, we support the development of the fruit of spirituality, which is increasingly more tangible in the providence of everyday life, in the exercise of the apostolate and specifically in harmony with the Preservation of the Faith and the Formation of Apostolic Lay Leaders. This course of action in the Novitiate is presented through didactic material, exercises and experiences.</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>A. Links of communication between the prospect and other members of the MCF are established to foster a greater appreciation and knowledge of the charism of the MCF.</p> <p>B. We offer, in a progressive fashion, short or long term experiences of living in our missions.</p>	<p>A. In the didactic material we recognize that the goal is to foster a <i>devotional knowledge</i> of our founder and the founding experience of the congregation that continues to nurture us. The Pre-Novice is introduced by these means to the documentation that contains the history, spiritual fundamentals and tradition of the cenacle so that he can then implement these in everyday life.</p> <p>B. Exercises and experiences, with the purpose of implementing and grounding in a concrete way</p>	<p>itself is transformed into a response to the charism and an expression of this toward others. This conduct in the Novitiate is introduced by didactic material, exercises and experiences.</p> <p>A. In the didactic material. In a privileged way, our own Congregation's material, the Constitution, the Rule of Life, the Spiritual Exercises and other Cenacle materials<sup>4</sup> are the very object of the task of internalization previously indicated.</p> <p>B. The exercises and experiences have the purpose of integrating what the student learned in the</p>	<p>A. The didactic material in this stage of formation is examined more in-depth in order to nurture the student into taking ownership of the charism, but also and above all as a tool to use in the apostolates related to the Preservation of the Faith and the formation of apostles.</p> <p>In this stage of formation, we recommend as ideal material the use of the general chapters in order to deepen the reflections of the brothers in the Post-Novitiate.</p> <p>B. Exercises and experiences will help the professed brother to enhance what he has already integrated in earlier stages: longer periods of apostolate</p>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

---

<sup>4</sup> See list of resources

<p>IV. <u>Faithfull and committed man.</u> The ideal that we present is: <i>“We are to become perfect in the spirit and virtues of the Cenacle, to live and die simple, prudent, humble, charitable men; men of sacrifice, of patience, of self-denial whose lives are spent and consecrated to the service of God the Father, Son and Holy Spirit.” (RL 22).</i></p> <p>The prospect is lead to that ideal, encouraging his desire and manifestation of an ability to</p>	<p>our charism as Missionary Servants of the Most Holy Trinity. What was learned through the documentation and classroom needs to be implemented. For this reason, we seek to share our apostolate with the MCF. This apostolate is chosen carefully in order to nurture the identity of the Congregation.</p> <p>IV. <u>Faithfull and committed man.</u> The ideal that we present is: <i>“We are to become perfect in the spirit and virtues of the Cenacle, to live and die simple, prudent, humble, charitable men; men of sacrifice, of patience, of self-denial whose lives are spent and consecrated to the service of God the Father, Son and Holy Spirit.” (RL 22).</i></p>	<p>classroom and in prayer with the apostolic life. The appreciation and love of the charism emerge as a result of the exteriorization. Therefore, as he professes his first evangelical vows, the novice is willing to do anything to make the charism something that is lived and spread. This is a love experience that accepts even sacrifice and self-denial. This actually consists of the timely selection of an apostolate, mission experience, desert days, sharing with the community, and written work that express and indicate a process of integration.</p> <p>IV. <u>Faithfull and committed man.</u> The ideal that we present is: <i>“We are to become perfect in the spirit and virtues of the Cenacle, to live and die simple, prudent, humble, charitable men; men of sacrifice, of patience, of self-denial whose lives are spent and consecrated to the service of</i></p>	<p>and mission work (Holy Week, summer vacations and year of mission).</p> <p>This includes having two 5-day retreats per year, accompanied by members of the Cenacle Family. And a 30-day retreat on the exercises of the Missionary Cenacle Family before the final vows.</p> <p>Additionally, there is sharing of the apostolate and mission with the MCF and the necessary education on the formation of cenacles.</p> <p>IV. <u>Faithfull and committed man.</u> The ideal that we present is: <i>“We are to become perfect in the spirit and virtues of the Cenacle, to live and die simple, prudent, humble, charitable men; men of sacrifice, of patience, of self-denial whose lives are spent and consecrated to the service of God the Father, Son and Holy Spirit.” (RL 22).</i></p>
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>make the lifestyle of the Missionary Servants his.</p> <p>The Program Director shall help the prospect to recognize that this is something sacred, we walk together, witnessing how God is gradually forging our religious vocation. This is not a mechanical process that entails fulfilling requirements as if the individual is moving from one academic level to the next. When appropriate, small rituals (for example, the presentation of a book, a Fr. Judge prayer card, simple blessing in a fitting Missionary Servant gathering).</p>	<p>The transitions from aspirant to candidate and to postulant are duly recognized. Each transition marks for the individual a greater ownership of his identity as a Missionary Servant of the Most Holy Trinity. The transition from one stage to the other adequately generates a greater appreciation of the evangelical counsels and their exercise as a Missionary Servant of the Most Holy Trinity. “The counsels are an expression of our baptismal consecration in order to follow Jesus more closely and also to exercise our prophetic role <i>as witnesses to truth</i>” (RL 12).</p>	<p><i>God the Father, Son and Holy Spirit.” (RL 22).</i></p> <p>In the novitiate year, “a desert year”, the internalization process allows the novice to personally hear the Lord’s call to give and surrender his life to God, to the Missionary Servants of the Most Holy Trinity community and to the mission, according to our charism. The vows of poverty, chastity and obedience bring about a discipleship before the Christ of Calvary, poor, chaste and obedient. The novice shall seek to follow in Jesus’ steps by similarly surrendering and consecrating his life in love. It is a “personal response in faith to God” (RL 23).</p>	<p>The goal is to provide for the Professed Brother the environment where he can develop and grow his vocation. The vocation shall gradually concretize into a dynamic process in everyday life that integrates even the periods of crisis. This integration provides for the Professed Brother a well-founded firmness in his vocation as well as the willingness to go to mission sites that the Congregation presents to him with generosity and zeal.</p>
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

## Resources

As previously mentioned in the introduction, every element in our formation programs, even the materials

that are not explicitly from the Missionary Servants of the Most Holy Trinity, will be presented from the Congregation’s own experience and spirituality. We also emphasize how much we value the participation of the Missionary Cenacle Family in the formation of a Missionary Servant of the Most Holy Trinity and we consider this to be a fundamental resource in the formation programs.

- A. Man of Faith and Prayer: This is a man that is increasingly developing his relationship with God in the experience of divine love. Therein lies the intimate relationship with God highlighting the Faith and charity, since “the degree of your charity depends on the degree of your faith,” these are contemplatives burning with the red white heat of charity and its corresponding apostolic zeal in action. We stress that these are Missionary Servants of the Most Holy Trinity; the concrete experience of God is with Jesus in the privileged spaces of the Congregation, such as the abandoned Jesus at Calvary and Gethsemane.

In the formation work, the students should also manifest an ability to express and share about their relationship with God. This man of prayer is able to share his faith and prayer with others, without distinction of any kind. He manifests his Pure Intentions when it comes to all activities, programs and house duties: “*All for the love of God and neighbor*”.

Vocation Promotion	Pre-Novitiate	Novitiate	Post-Novitiate
Summary, Introduction to God’s Valiant Warrior <sup>6</sup>	First 11 chapters of God’s Valiant Warrior	The “last” part of God’s Valiant Warrior. <sup>9</sup>	God’s Valiant Warrior <sup>12</sup>
History of our missions	Monographs 5 & 6	Workshop on the Trinity <sup>10</sup>	Monographs 5 & 6

<sup>6</sup> Dennis Berry, S.T.

<sup>9</sup> In the novitiate the use of resources follows the model of *experience, reflection and response*.

<sup>10</sup> John Seymour.

<sup>12</sup> In the post-novitiate the use of resources is based especially on the need to identify the transcendent elements that come into being in the present. There needs to be dialouge, reflection and integration of the documents of the MCF with the academic process.

<p>Meditations by Fr. Judge</p> <p>Personal contact through encounters, retreats, and apostolates that we share with the different branches of the MCF</p> <p>Introduction to the Lectio Divina, Psalms, Sacred Scripture.</p> <p>Prayer styles, the Rosary</p>	<p>Ordo Meditations by Fr. Judge<sup>7</sup></p> <p>Personal contact through encounters, retreats, and apostolates that we share with the different branches of the MCF</p> <p>Lectio Divina</p> <p>Introduction to the Cenacle Spiritual Exercises</p> <p>Meditation on the Rule of Life</p> <p>Compañeros en la Danza<sup>8</sup></p> <p>Liturgy of the Hours Eucharist Sacraments of Initiation Sacrament of Penance</p> <p>Devotional prayer</p>	<p>Meditations by Fr. Judge</p> <p>Personal contact through encounters, retreats, and apostolates that we share with the different branches of the MCF</p> <p>Lectio Divina</p> <p>Cenacle Spiritual Exercises</p> <p>Workshop and presentation on the history, charism, and the prayer experience, especially “praying with our experiences”<sup>11</sup></p> <p>Liturgy of the Hours</p>	<p>Meditations by Fr. Judge</p> <p>Personal contact through encounters, retreats, and apostolates that we share with the different branches of the MCF</p> <p>Lectio Divina</p> <p>Cenacle Spiritual Exercises</p> <p>Liturgy of the Hours</p>
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<sup>7</sup> Its use is part of the weekly Holy Hour.

<sup>8</sup> Shaun McCarty, S.T.,

<sup>11</sup> Dennis Berry, S.T.

B. Men whose identity is based on the Charism: The individual grows greatly in our charism. This is a devotional knowledge of that which is the essence of the Missionary Servants of the Most Holy Trinity. The Charism of the Congregation is progressively integrated in all its aspects until the individual is able to state: “I love our Charism, it is my Charism” and it motivates the individual to carry it out in the mission. The devotional knowledge of our charism is acquired when there is an appreciation of our history, our spirit, our devotions and traditions. It does not materialize in an isolated way. It materializes in an intentional way, within the context of direct and continuous contact with the Missionary Cenacle Family context, when it is practiced in an intentional fashion.

Vocation Promotion	Pre-Novitiate	Novitiate	Post-Novitiate
Awakening the Giant, introductory material. <sup>13</sup>  A Voice from the Past	Awakening the Giant Fire in the Spirit Retreat God is Family Celebration of Cenacle Feast Days <sup>14</sup> Ecclesial People <sup>15</sup> Pioneer in the Apostolate <sup>16</sup> Writings from Vincent Fitzpatrick. James Norris	Definition of the Charism <sup>17</sup>  Reflection and meditation on the Constitution and Rule of Life. A Voice from the Past <sup>18</sup> Ecclesial People Acts of the General Cenacles. Resources from the Spiritual Life Committee Virtues Workshop <sup>19</sup>	Projection of the charism to the present time.

<sup>13</sup> James O’Bryan, S.T.

<sup>14</sup> Christ the King, Pentecost, Holy Trinity,..etc

<sup>15</sup> Miriam Blackwell

<sup>16</sup> David O’Connor

<sup>17</sup> John Edmunds

<sup>18</sup> Sr. Mary James Collins.

<sup>19</sup> John Seymour



- C. Faithful and committed man: The discernment of God’s will does not remain in the abstract rather it leads to concrete choices in life. There is discernment work to be done in each formation level with its corresponding series of choices. These choices are responses to the thrust of the Holy Spirit in our lives and they require fidelity and commitment. In the words of our Founder, and Rule of Life, the vision is: *“to become perfect in the spirit and virtues of the Cenacle, to live and die simple, prudent, humble, charitable men; men of sacrifice, of patience, of self-denial whose lives are spent and consecrated to the service of God the Father, Son and Holy Spirit (RL 22)”*.

Vocation Promotion	Pre-Novitiate	Novitiate	Post-Novitiate
	IV General Cenacle Reflection on Reconciliation Committee.	Reflection on the Vows	

Other Resources:

Writings by St. Vincent de Paul	Pre-Novitiate, Novitiate, Post-Novitiate
Vincentian Discernment	Post-Novitiate
Materials on the vocation of the Religious Brother	All levels
Missionary Servants Book of Customs and Practices	All levels except vocation promotion
Discernment tools	(from vocation promotion, Colombia)

## II Apostolic Life Curriculum

### Introduction

Our congregation's essence and work stems from the Mystery of the Holy Trinity. The love that is embodied in Jesus is poured out from that intimacy of divine communion. Jesus is devoted to the mission of fully revealing the presence of the Father (John 12:45) (John 12:45). Jesus is the Father's apostle.

Our Congregation participates, through the Spirit of Jesus, in that very mission, of revealing the divine presence in the fullest way possible. The identity that we share with the other branches of the Trinitarian family is one of apostles, it is a prophetic gift and our mission lies therein. RL 5<sup>20</sup> Fr. Judge declared: *The idea of a missionary Family as it was in our origins, will engender the most beautiful fruits for the honor and glory of God and for the edification of the Church.* RL 8 It is all about the Family, always for the purpose of mission.

### Apostolic Profile of a Missionary Servant of the Most Holy Trinity

Our Rule of Life, using the words of our Founder, gives us an appropriate description of a Missionary Servant. This is a person that bears an apostolic spirit, nothing less than a love aflame with the white heat that is the source for consecrating one's own life in service to the Trinity. This consecrated life manifests the Cenacle virtues of simplicity, prudence, patience and self-denial. RL 22<sup>21</sup>.

The love, zeal and sacrifice should serve as the primary motivation. The Missionary Servant feels called to serve as a missionary among and with the poor and abandoned for the preservation of the faith. This is someone that spends his life as a missionary

---

<sup>20</sup> Our specific mission is the preservation of the faith in those areas and among the people that are spiritually neglected and abandoned, especially the poor. Our main effort is to promote a missionary spirit in the laity, having as our goal that every Catholic be an apostle.

<sup>21</sup> *The Cenacle spirit is an apostolic spirit which finds its perfection in zeal, the white heat of charity. We are to become perfect in the spirit and virtues of the Cenacle, to live and die simple, prudent, humble, charitable men and women; men and women of sacrifice, of patience, of self-denial whose lives are spent and consecrated to the service of God the Father, Son and Holy Spirit.*

within the context of the Missionary Cenacle Family. A person that is able to collaborate in ministry, especially with the laity, “*so that every Catholic be an apostle.*”

It is not about a mechanical and static accomplishment. The Missionary Servant nourishes his/her prophetic ministry through prayer as a contemplative in action. Our prophetic ministry is nourished by prayer.

### Apostolic Formation

Each level of formation has its own task in the apostolic formation. They are not independent tasks between each level but rather formation that follows the rule of interdependence and a spiral model. This notion of interdependence and spiral flow includes the other dimensions of formation with their corresponding tasks and resources. It is the formation for the Religious, Missionary Servants of the Most Holy Trinity that answer this call as priests and Missionary Brothers. It shall carefully be noted that the apostolate is at the service of the formation of the student. Unnecessary tensions between the demands of a mission site and the formation objectives that are being carried out should be avoided.

The apostolic spirit complements and is an essential part of the Cenacle’s spirituality. During the formation process, attention will be given to the tension and balance that are necessary for the life of a contemplative in action.

The apostolic reflection serves as an aid. These are structured times in each level of formation where it is expected that the members of the Cenacle Family will participate. Essentially, it’s all about creating “an apostolic culture” that is being cultivated in each level of formation. This “apostolic culture” is invaluable when conveying the charism, promoting the missionary community, promoting the apostolic zeal and the clarification of motivations, even the fact that “the missions are people”.

The reflection is about the apostolate in a fraternal environment, with prayer and taking counsel. The personal encounter that takes place at the mission site with God and with our neighbor is celebrated here. This encounter is a revelation and a true recognition that God is working in the people that we are serving, in others working in the apostolate, in the way the apostolate is being done and in us.

<b>VOCATION PROMOTION MINISTRY.</b>	<b>Pre-Novitiate</b>	<b>Novitiate</b>	<b>Post-Novitiate</b>
<p><u>Objectives:</u> After the initial contact with the prospect, we strive to cultivate and nourish a love of God, zeal for our neighbor and a sacrificial spirit.</p> <p>More specifically, the men are made aware of the life and the spirit of the Missionary Cenacle. RL 40. Life as Missionary Servants of the Most Holy Trinity demands that a person radically follow our Lord Jesus by carrying out his work with and among the poor and abandoned as a Religious in a prophetic community.</p> <p>Vocation promotion for the Missionary Brother will be carried out clearly.</p>	<p><u>Objectives:</u> In continuing the work done in the vocation promotion phase, according to the candidate’s maturity and development, training and guidance will be provided for the apostolate experiences that encourage a spirit of service connected explicitly to his commitment to Christ and our charism. RL 7</p>	<p><u>Objectives:</u> The main task is to create the environment for experiences that will induce the expression of the Institute’s charism (RL #4) and for the novice to have an encounter with himself. The apostolate is an encounter between the novice and his real motivation, the novice and his family story, religious story, ecclesiological, and cultural, the novice and his spiritual life, the novice and the charism of the Missionary Servants. This experience is the foundation for prayer, studies, the integration and the discernment in such a way that the novice is able to take ownership of Fr. Judge’s charism in an active, creative and personal fashion. As such, the novice will come to understand his underlying</p>	<p><u>Objectives:</u> In the academic outlook, studies are geared toward strengthening the identity of the Missionary Servant of the Most Holy Trinity as a missionary and as a Church minister. In this context, appropriate opportunities are sought out for apostolic work, under supervision, where the ministerial capability will be developed. The theological reflection will be a specific tool through which we will seek the integration of the religious identity with the apostolate and studies. RL 24</p>

<p><u>To accomplish these objectives, we propose the following:</u></p> <ol style="list-style-type: none"> <li>1. We develop a dynamic for accompaniment where attention is given to the particular elements of <b>our charism and</b> our mission, Religious Life and not clerical, especially in the formation of the laity and our identity as the Missionary Cenacle Family.</li> <li>2. Opportunities for the experience of mission are offered.</li> <li>3. The ministry of vocation promotion encourages the exchange between all the promoters so that the best tools for ministry are identified and</li> </ol>	<p><u>To accomplish these objectives, we propose the following:</u></p> <ol style="list-style-type: none"> <li>1. To offer a variety of apostolate experiences with the goal of helping the candidate clarify his vocational and ministerial role as a Religious in the Church<sup>22</sup>. The ministerial exercise will also be a source for integrating the different aspects of the pre-novitiate student's life.</li> <li>2. Each candidate will participate in at least one apostolic period that is longer and more intense, before moving into the level of postulancy. The Program Director will determine the length of</li> </ol>	<p>motivation (<i>purity of intention</i>) and thus will fully prepare himself to serve the people of God.</p> <p><u>To accomplish these objectives, we propose the following:</u></p> <ol style="list-style-type: none"> <li>1. The novice is encouraged and guided towards his own inner self where the significance of the encounter rises to the surface.</li> <li>2. Guidance and support are offered surrounding the relationship between the contemplative and active dimensions.</li> <li>3. During the segment of mission in the novitiate, the apostolate will be the testing ground for what is occurring within the structure of the novitiate. Does life in the missions confirm or question the vocation of the Missionary</li> </ol>	<p><u>To accomplish these objectives, we propose the following:</u></p> <ol style="list-style-type: none"> <li>1. Supervision and accompaniment are provided for the apostolic activities of the professed. The Director is responsible for insuring this supervision and accompaniment and also for identifying and developing the pastoral objectives, learning goals and clear expectations.</li> <li>2. Apostolates are assigned with the opportunity, under supervision, to arrive at a deeper experience of personal and pastoral identity and also the possibility of a healthy acknowledgment of the strengths and weaknesses</li> </ol>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<sup>22</sup> For example: youth group, jail, community organizing.

<p>implemented.</p> <p>4. An apostolic culture is promoted especially when it comes to vocation discernment and identifying gifts.</p> <p>5. We receive different gifts, according to the grace that God bestows on each of us (Rom 12:6). As an expression of the gifts received, the expression of religious life is acknowledged either as a Priest or as a Missionary Brother.</p>	<p>this period but it cannot be for less than two weeks. This period becomes especially important in the discernment of apostolic zeal and the capacity for communal life.</p> <p>3. There will be continuous reflection regarding his apostolic experience. This reflection will include the charismatic dimensions of the Congregation in its historic and current dimension.</p> <p>4. There will be direction and implementation regarding the meaning of “every catholic be an apostle”.</p> <p>5. Opportunities will be sought for the elders of the congregation to share about the apostolate.</p> <p>6. Relevant documents will be presented, such as those offered by the Missionology Committee of the Congregation.</p> <p>7. Ministerial collaboration</p>	<p>Servant?</p> <p>4. Participation of Missionary Brothers in the novitiate program.</p> <p>5. In the process of the novitiate, there comes an explicit moment after prayer, studies and reflection on the two expressions of our vocation, declaring the desire to be a priest or a Missionary Brother.</p> <p>6. An apostolic culture will be promoted making the personal and group reflection a space where vocation clarification, apostolate discernment <b>in light of our charism</b>, gifts discernment, development of ministerial ability and the experience of fellowship that offers both mutual support and fraternal correction.</p>	<p>of the professed.</p> <p>3. Apostolates are assigned during the school vacation period, preferably in a Congregation mission.</p> <p>4. A year of mission is assigned that provides the opportunity for a greater integration between studies and the apostolic activity appropriate for the congregation. This year of mission is also propitious in achieving a certain degree of vocational certitude that prepares him for the invitation to Perpetual Vows.</p> <p>5. Specific guidance on the discernment of the apostolate according to the charism of the congregation and the context of the vow of obedience will be provided.</p> <p>6. Guidance will be provided and the task of forming apostles will be implemented.</p>
----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>will be promoted with members of the Missionary Cenacle Family.</p> <p>8. An apostolic culture will be promoted making personal and group reflection a space where vocation clarification, apostolate discernment <b>in light of our charism</b>, gifts discernment, development of ministerial ability and the experience of fellowship that offers both mutual support and fraternal correction.</p> <p>9. Opportunities will be sought out to promote the Missionary Brother vocation.</p>		<p>7. An apostolic culture will be promoted making the personal and group reflection a space where vocation clarification, apostolate discernment <b>in light of our charism</b>, gifts discernment, development of ministerial ability and the experience of fellowship that offers both mutual support and fraternal correction.</p> <p>8. The exercises, academic schedules and appropriate apostolates for the vocation of Missionary Brother will be sought proactively and at an early stage.</p>
--	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

RESOURCES

1. God is Family Retreat
2. Search Retreat.

3. Personal development plan
4. Documentation on the process for taking counsel.
5. Documentation taken from the Acts of the congregation associated with mission and missionology.
6. Documentation coming from the missionology committee.
7. Ecclesial documents: Encyclicals and other documents that we can associate with the documents from the Missionology committee.
8. Sheet on the Charism (The presentation of the charism through questions)
9. Valiant Warrior, Voice from the past, Monographs, other books, presentations, etc. on the life, history and spirit of Fr. Judge and Mother Boniface. (I know that these resources have been mentioned in other areas of the Curriculum, but I believe that it is important that they be mentioned here when it comes to our apostolic life.)
10. Wherever possible, the presence of the different branches of the Missionary Cenacle Family, for the purpose of their participation in the apostolates and mission as well as the apostolic reflection on mission.
11. Conferences by the Missionary Servants, with experience in mission, on the topic of the apostolate.
12. Workshops on:
  - a) Implementing, organizing and planning projects with a pastoral and social emphasis.
  - b) Missionary Pastoral Resources (How to work with children, youth and adults today)
  - c) Leadership formation (How to work and provide formation for pastoral leaders and agents)
  - d) Homiletics (How to use the homily as a missionary resource).
  - e) Spiritual Direction (How to accompany life processes with the people at the mission. Preparing the leaders so that they accompany other people).
  - f) Music, Liturgy (How to empower singing in the ordinary mass and sacraments).
  - g) Trinitarian Charism (How to show our charism at the Mission)

### III Community Life

Our call to Religious Life as Missionary Servants of the Most Holy Trinity holds within it Fr. Thomas Judge's charismatic yearning to be an Apostolic Family. Being a Family always involves a mission, and this includes a spiritual and mission relationship with the other branches of the Missionary Cenacle. Moreover, it definitely involves the community style that identifies us. Our Rule of Life states it as follows: "If the right spirit is passed down, this family idea will engender the most beautiful fruits for the honor and glory of God and for the edification of the Church... A family spirit should be demonstrated by loving regard among the members of the branches of the Cenacle and, when feasible, by collaboration in apostolic works".<sup>23</sup>

Community life, at the same time, not only awakens the desire but it is also the very context that makes it possible for us to do God's will. The Rule of Life states the following:

"Relying on the Holy Spirit, we are to seek together, in our respective Institutes, to discover God's will in a climate of respect and trust. With genuine love, we call each other to grow in apostolic holiness through encouragement and mutually appropriate accountability. This practice of taking counsel in matters of common life and mission is a cherished tradition in the Missionary Cenacle. After prayer and counsel, we humbly accept the decisions of those in authority."<sup>24</sup>

Our Constitution offers the following statement: "Religious authority is exercised by those chosen to call us to be faithful to our vocation as Missionary Servants. The functions of this authority are to assist each other to seek the will of God, to promote a true spirit of community and to unite us in pursuing our apostolic goals."<sup>25</sup>

After having said that, the curriculum on Community Life deems it essential that a man that is about to profess perpetual vows shall be able to state the following:

---

<sup>23</sup> Rule of Life No. 8

<sup>24</sup> Rule of Life No. 33

<sup>25</sup> Constitution No. 34

- **I am a Missionary Servant of the Most Holy Trinity.**
- **I contribute to the identity of a Missionary Servant. I am not simply a passive individual; I contribute to the identity of the Missionary Servant.**
- **I contribute to the mission of the Missionary Servants (I am not passive and much less a victim who resigns himself to what others decide).**
- **I share my life and faith with Missionary Servants and with the other branches of the Missionary Cenacle Family.**
- **I share in prayer with the Missionary Servants and with the other branches of the Missionary Cenacle Family.**
- **I am at home when I'm with Missionary Servants in a unique way.**
- **I value and cultivate a community relationship with the MCF.**
- **I'm mindful and capable of handling my personal care (physical, emotional, spiritual).**
- **I'm capable of accepting others in community.**

These assertions were created with the formative support of each of the formation levels. Each level of formation, following a model of an ascending spiral, offers a specific contribution.

<p><b>In Vocation Promotion</b> We anticipate that a person will arrive at certain assertions having undergone an appropriate formation exercise</p>	<p><b>In the Pre-Novitiate</b> We anticipate that a person will arrive at certain assertions having undergone an appropriate formation exercise</p>	<p><b>In the Novitiate</b> We anticipate that a person will arrive at certain assertions having undergone an appropriate formation exercise</p>	<p><b>In the Post-Novitiate</b> We anticipate that a person will arrive at certain assertions having undergone an appropriate formation exercise</p>
<p>I am open-minded, I am attracted to and feel called to community life.</p> <p>1. It is promoted by participating in spiritual recollection days, retreats, and social events where there's an opportunity to spend time with the</p>	<p>I have integrated and have separated in a healthy way from my family of origin.</p> <p>1. This task is accomplished with the group dynamics (exercises), literature and reflection, psychological support, guided prayer,</p>	<p>I am capable of receiving and giving fraternal support.</p> <p>1. Discernment of my own gifts and the gifts of others in my community. 2. Making it possible in house meetings for the brothers to express their ideas,</p>	<p>I am proactive in my ministry and mission site election in the experience of formation. We need to promote not only the attitude of openness to the apostolate indicated by the congregation, but also the ability to express what the apostolic spirit is manifesting in the heart of the post-novitiate student.</p> <p>1. The ability to assume with a spirit of obedience and place all their talents at the service of God's kingdom with the purpose of fully living out their</p>

<p>members of the Missionary Cenacle Family.</p> <ol style="list-style-type: none"> <li>2. Sharing on the importance of community life in the Congregation. This was the intention of our Founder from the beginning and the prospect could have this presented to him in such a way that he will fall in love with this part of our charism.</li> <li>3. Through a propaedeutic with the objective that the candidate may more closely feel the way that we, as Missionary Servants, live in community, both at the formation house and at the mission.</li> <li>4. Reflection and conversation on the concept of family that we have as Missionary</li> </ol>	<p>appreciation and bereavement rituals.</p> <ol style="list-style-type: none"> <li>2. The relationship with the Cenacle and lay friends that come over to our house with whom we share the call to be a Family on a Mission.</li> </ol>	<p>thoughts and feelings about the house and community environment, stating positive aspects as well as the things that need to be changed and growth areas.</p> <ol style="list-style-type: none"> <li>3. With the psychologist's support, we confront the idea of the "code of silence" that hampers the receiving and giving of fraternal support. The gospel call is uncompromising, it insists on mutual accountability that the brothers share and it includes the moral responsibility of confronting a brother in a charitable way with the purpose of cultivating both his human development and discipleship.</li> <li>4. In classes, home projects and in planning,</li> </ol>	<p>apostolate in serving the poor and needy grows at the mission site where they are sent.</p> <ol style="list-style-type: none"> <li>2. The taking of counsel takes place between the directors and students.</li> <li>3. Using the mission Pastoral Plan.</li> <li>4. Integration of the spiritual/vocation with the apostolic life</li> <li>5. Review of the significance of the vow of obedience in service to the mission.</li> <li>6. Greater communication with the General Council to become more aware of the current needs of the Congregation and missions. Establish better communication with the General Council, as a way to express difficulties, good or wise decisions,</li> </ol>
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>Servants and the importance of the cenacles, where we experience simplicity and nobility.</p> <p><b>I am capable of accepting people that come from all types of circumstances.</b></p> <ol style="list-style-type: none"> <li>1. Sharing in small groups is addressed in social, formal and informal situations.</li> <li>2. Through group discernment, emphasis is given to the fact that Christ calls us all to an</li> </ol>	<p><b>I contribute to the wellbeing of life in community.</b></p> <ol style="list-style-type: none"> <li>1. This task is accomplished through house meetings, house council, identifying common maintenance projects as well as apostolate and the</li> </ol>	<p>development, implementation and evaluation of the apostolic project, the novices work by collaborating with each other.</p> <p><b>I share my faith and life with my brothers. There is trust and transparency between us.</b></p> <ol style="list-style-type: none"> <li>1. Following the method of Experience, Reflection and Response regarding the apostolate, the Word of God.</li> <li>2. Sharing personal prayer in community.</li> </ol>	<p>doubts and achievements through dialogue, sharing.</p> <ol style="list-style-type: none"> <li>7. Being proactive in the formation for lay leadership is particularly important when choosing the apostolate and mission site.</li> <li>8. Collaborating with the Missionary Cenacle Family is particularly important when choosing ministry and mission site.</li> </ol> <p><b>I am proactive when discerning future assignment/first mission assignment in perpetual vows.</b></p> <ol style="list-style-type: none"> <li>1. Guidance on the apostolates of the Congregation.</li> <li>2. Identifying the type of apostolate/mission that is most suitable.</li> </ol>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>apostolic service and the gift of fraternity that we are for each other.</p> <ol style="list-style-type: none"> <li>3. Through the propaedeutic, the weeks of mission and other opportunities, the candidate comes in contact with different people and receives feedback that strengthens his capability for acceptance.</li> <li>4. Through opportunities for sharing and receiving what others share about culture and different ways of thinking, there is a mutual enrichment and fitness for a greater acceptance of others.</li> </ol>	<p>cultivation of the hospitality tradition.</p> <ol style="list-style-type: none"> <li>2. Group work with the psychology that is specifically attentive to the significance of the wellbeing of life in community.</li> <li>3. As a director, responding quickly to situations that affect the harmony and the mysticism of the house.</li> <li>4. With the psychologist's support, we confront the idea of the "code of silence" that hampers the receiving and giving of fraternal support. The gospel call is uncompromising, it insists on mutual accountability that the brothers share and it includes the moral responsibility of confronting a brother in a charitable way with the</li> </ol>	<ol style="list-style-type: none"> <li>3. With support from the psychologist, having community reflections on the different cultures, traditions and family of each novice.</li> <li>4. Offer the novices different opportunities to express their faith in life such as reflections (homilies) at the masses.</li> <li>5. In the two-month mission experience, as part of the mission contract there will be a weekly meeting where experiences, prayer and counsel will be shared.</li> <li>6. And at the end of the mission experience, each novice will do a fraternal evaluation of his brother novices with whom he was at the mission.</li> </ol>	<ol style="list-style-type: none"> <li>3. Being proactive in the formation for lay leadership is particularly important when choosing the apostolate and mission site.</li> <li>4. Collaborating with the Missionary Cenacle Family is particularly important when choosing the ministry and mission site.</li> <li>5. When Our Lord calls us, He calls us to leave our home, siblings, mother, father, and lands for the sake of his kingdom (Mk. 27-31). This radical and absolute condition of the calling is the primary perspective in the discernment of mission and the significance of the vow of obedience, particularly when it comes to the stewardship of financial resources and mutual accountability.</li> </ol>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p><b>I am capable of collaborating.</b></p> <ol style="list-style-type: none"> <li>1. A presentation is done on how the Missionary Servants collaborate in order to accomplish their objectives, insisting on a relationship of mission with the MCF, the Laity, Religious and other good people.</li> <li>2. Through the different tasks assigned to the candidate during the period of the propaedeutic.</li> <li>3. Offering feedback drawn from the visits with the candidate's pastors ¿How is this man serving the</li> </ol>	<p>purpose of cultivating both his human development and discipleship.</p> <p><b>I have identified with my gifts, even with my culture, that I contribute to community life.</b></p> <ol style="list-style-type: none"> <li>1. This task is accomplished with spaces to identify and celebrate what culture is in the contexts of Sacred Scripture, spirituality, devotional practices and one's own and unknown traditions of the other members of the Cenacle Family.</li> <li>2. Leadership is implemented in keeping with the spaces provided.</li> </ol>	<p><b>I contribute to life in community.</b></p> <ol style="list-style-type: none"> <li>1. Study and reflection on the pamphlet, "Taking Counsel" and implementing the lessons from that at the house meeting and when making decisions for the various projects and matters related to the house and community.</li> <li>2. Discernment of gifts for the community and for mission.</li> <li>3. Reflection on "The Door": when an ST goes out on the street, he is not going alone, but rather the entire community goes with him.</li> </ol>	<p><b>I have administrative skills when it comes to the daily administrative responsibilities at the mission sites.</b></p> <ol style="list-style-type: none"> <li>1. This will be accomplished by attending workshops that help him acquire and sharpen up administrative skills for a parish or mission.</li> <li>2. With the support of the director, he will be given responsibilities according to those that were revealed during his formation.</li> </ol>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>Church where he is participating?</p> <p><b>I am capable of expressing a healthy appreciation for my family of origin and my culture.</b></p> <ol style="list-style-type: none"> <li>1. Feedback based on visits with the family.</li> <li>2. Through the presentation of the candidate in the propaedeutic.</li> <li>3. Support shall be offered through workshops and other programming on the value and the importance of having a family and being a child of a culture.</li> </ol>	<p><b>I have identified and appreciate my brothers' gifts and culture in community.</b></p> <p>This task is especially accomplished by cultivating an attitude of openness toward others. It is not simply being tolerant but rather manifesting a genuine openness that allows for a mutual transformation.</p>	<p>What kind of witness do I give?</p> <p><b>I am free and this is my vocation of surrendering to God and his mission through life in community as a Missionary Servant of the Most Holy Trinity.</b></p> <ol style="list-style-type: none"> <li>1. When studying and reflecting on the Rule of Life and Constitution, show in the classes/reflections how the Vows lead us to life in community and how community life helps us live our vows.</li> <li>2. When Our Lord calls us, He calls us to leave our home, siblings, mother, father, and lands for the sake of his kingdom (Mk. 27-31). This radical and absolute condition of the calling is</li> </ol>	<p><b>I have broad knowledge about the leadership and the overall administration of the Congregation and I am aware of my role and responsibility<sup>26</sup>.</b></p> <ol style="list-style-type: none"> <li>1. Based on the Congregation's documents, presentation is done to provide guidance on the leadership and Congregation administration: Election, General Chapter, Responsibilities of the Custodian, Responsibilities of the Region, Relationship with the diocese, Relationship with the</li> </ol>
--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<sup>26</sup> We recommend that this point also be part of the Mentoring Program.

<p><b>I have an explicit knowledge of who the Missionary Servants are, their mission, life and identity within the Missionary Cenacle Family.</b></p>	<p><b>I am able to handle my emotions well.</b></p>	<p>the primary perspective in the discernment of mission and the significance of the vow of obedience, particularly when it comes to the stewardship of financial resources and mutual accountability.</p> <ol style="list-style-type: none"> <li>3. Create the environment where the novices are able to share both their positive and negative experiences of community therefore able to answer the question: What is God calling us to as a community?</li> <li>4. Point out the different obstacles of community life.</li> </ol> <p><b>I am part of a Religious Family, the Missionary Cenacle Family.</b></p>	<p>Religious Association, Corporation, etc.</p> <ol style="list-style-type: none"> <li>2. Presentation is done to offer guidance on legal matters and the finances of the Congregation.</li> <li>3. Direction is given regarding participation in the Congregation's administrative processes.</li> <li>4. Support is given to the development of a healthy stewardship of the assets of the Congregation and a corresponding appreciation of the sacrificial giving of our benefactors.</li> </ol> <p><b>I know how to take care of myself and I am capable of receiving and sharing fraternal support.</b></p>
-------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>This knowledge is achieved through different means, particularly through the experiences with the different branches of the MCF. This is also provided through “power point” informational presentations.</p>	<ol style="list-style-type: none"> <li>1. This task is accomplished with the spaces provided where we offer each other feedback and fraternal affirmation in an environment of trust. Group dynamics and psychological support also play a role.</li> <li>2. Participating in activities like sports or others that could bring about a transparency that reveals both the possibility of affirmation and confrontation between brothers.</li> </ol>	<ol style="list-style-type: none"> <li>1. Study and reflect on this part of our charism on the Constitution and Rule of Life that we share with the other branches of the MCF acknowledging that there we share a unique relationship with each other.</li> <li>2. Expose the novices to the different branches through celebrations, meetings and retreats with the different branches of the MCF. This includes inviting different members of the MCF to the Novitiate in person or through other means to offer reflections, etc.</li> <li>3. To be attentive to the ST’s bulletin and that of the different branches of the MCF to share with the novices about the different events, activities, announcements such as</li> </ol>	<ol style="list-style-type: none"> <li>1. By consistently participating in group work through reflections, monthly interviews with the director.</li> <li>2. Through team work, spiritual retreats and sports activities, the student is offered relevant observation and he is encouraged to reflect on and implement a healthy attentiveness to his personal wellbeing.</li> <li>3. Especially trust, empathy and fraternity will be recommended as essential elements of good personal care.</li> <li>4. Spaces for a formal evaluation where the professed member receives an evaluation from his peers. The goal of the evaluation is to point out with gratitude the</li> </ol>
------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p><b>I am open to the Religious vocation, as opposed to a diocesan vocation.</b></p> <p>There is an explicit effort to point out the differences during the conversations on</p>	<p><b>I'm proactive in my interaction with individuals in authority as well as with my peers.</b></p> <p>This task is accomplished through individual interviews, openness toward the topic at</p>	<p>anniversaries, deaths, etc. of the branches of the MCF and to keep them in our prayers.</p> <p>4. Use different resources like the ORDO that unites the different branches of the MCF.</p> <p><b>I value my culture of origin and the culture of my brothers; together we form our brotherhood.</b></p> <p>1. Create the environment of two things: First, that each brother may value and</p>	<p>elements that the individual has manifested that are of great value in Religious Life.</p> <p>5. Provide house meetings where fraternal support is shared and received.</p> <p>6. Provide direction on practical matters such as health insurance.</p> <p>7. Provide direction on the discernment to be attentive to our personal care in keeping with our life witness.</p> <p>8. Workshop focused on the topic of personal care.</p> <p><b>I share my faith and life with my brothers. There is mutual trust and transparency.</b></p> <p>1. Create spaces where life and faith are shared cultivating trust and transparency.</p>
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>discernment and personal contact with STs.</p>	<p>home meetings, reflection, and comparison between religious authority and other types of authority.</p>	<p>express/share his own culture with his brothers and Secondly, that each brother values the culture of the other brothers and this is done with the support of the psychologist with the group reflections and sessions.</p> <p>2. Celebrate in community the different feasts, both religious and those from the cultures that our brother novices come from.</p>	<p>2. The gospel call is uncompromising, it insists on the mutual accountability that the brothers share and includes the moral responsibility of confronting our brother in a charitable way with the purpose of cultivating human development and discipleship.</p>
<p><b>I have a healthy knowledge of religious authority.</b></p> <p>1. The concept of authority is placed in the context of mission. It is supported through the interaction among the different</p>	<p><b>I'm aware of the relationship between life in community and mission.</b></p> <p>1. This task is accomplished especially in the shared reflection that allows for discernment of projects and apostolates.</p>	<p><b>I have integrated in a healthy way the reality of administration (government) and religious authority.</b></p> <p>1. Studying the Constitution and Rule of Life, helping the novices to reflect on the Vow of Obedience in our religious life.</p>	<p><b>I am at home with my brothers more than at any other place.</b></p> <p>1. Set the tone and ritualize the fact that being members of the cenacle means that everyone shares in a certain way the</p>

<p>members of the Missionary Servants and related ministries, groups or apostolates where we collaborate.</p> <p>2. When Our Lord calls us, He calls us to leave our home, siblings, mother, father, and lands for the sake of his kingdom (Mk. 27-31). This radical and absolute condition of the calling is the primary perspective in the discernment of mission and the significance of the vow of obedience, particularly when it comes to the stewardship of financial resources and mutual accountability.</p>	<p>2. It is also accomplished when a healthy and mature relationship is manifested with the Cenacle and lay leadership in the mission spaces.</p>	<p>2. By studying and reflecting on the documents of our Congregation we present the administration (government) of our Congregation.</p> <p>3. Through personal interviews, with the psychologist as well as with the Novice Master, have a very personal conversation on authority in religious life being attentive to the personal and family story and their positive/negative influence on the relationship of the novice with authority.</p> <p>4. On Mondays we offer mass, our prayers and works for our brothers in the ministry of authority.</p>	<p>responsibility of creating a home environment.</p> <p>2. Encourage the notion that we are a religious family where we all have the responsibility to create a harmonious environment of fraternity, where there is a special concern for our brethren in any situation.</p> <p>3. Promote a home environment where house matters and agreements are given priority.</p> <p>4. Promote the fact that “Being at Home” is something that is created by mutual engagement.</p> <p>5. Create awareness of the fact that a religious community is a prophetic and countercultural sign through reflection and direction.</p> <p>6. Create healthy awareness of the fact that “Being at</p>
-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p><b>I have started integrating the reality of religious authority in my life.</b></p> <ol style="list-style-type: none"> <li>1. This task is accomplished especially in reflecting on the vow of obedience with the aid of prayer, sacred scripture and meditating on our documents and charism.</li> <li>2. Fraternal support.</li> <li>3. Appropriate handling of authority.</li> <li>4. When Our Lord calls us, He calls us to leave our home, siblings, mother, father, and lands for the sake of his kingdom (Mk. 27-31).</li> </ol>		<p>Home” may be different than the experience of our family of origin through reflection and direction.</p> <p><b>As a Religious, Missionary Servant of the Most Holy Trinity, the point of encounter with God’s will and mission is at the General Council.</b></p> <ol style="list-style-type: none"> <li>1. We encourage an earnest analysis, prayer and reflection on the vow of obedience noting its irreplaceable importance in terms of discerning God’s will, community, and the fulfillment of the mission entrusted to the individual.</li> <li>2. A fraternal closeness is promoted with the general custodian and the local custodian.</li> </ol>
--	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>This radical and absolute condition of the calling is the primary perspective in the discernment of mission and the significance of the vow of obedience, particularly when it comes to the stewardship of financial resources and mutual accountability.</p>		<ol style="list-style-type: none"> <li>3. The custodian will be vigilant with the use of authority in order to be coherent with Religious Life.</li> <li>4. Direction and reflection when the student himself in exercising his authority.</li> <li>5. Address the psychological dimension that could be revealed in the relationship of the student with authority.</li> </ol>
--	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

**HUMAN DEVELOPMENT CURRICULUM**  
**IN THE FORMATION PROGRAM**  
**OF THE MISSIONARY SERVANTS OF THE MOST HOLY TRINITY**

*Our Lord had very much at heart the creating of a spirit, a missionary spirit, an evangelical burning that would sweep over the whole world. He came to cast a fire on the earth, and he willed that it would be enkindled. The Holy Spirit has enkindled this fire in our hearts. This is our heritage: an apostolic spirit, a Gospel spirit, a Catholic spirit. The Missionary Cenacle spirit is charity, charity aflame. RL 1*

Namely:

1. Our Lord had very much at heart the creating of a spirit. Our Cenacle spirituality is nourished by a loving relationship with God.
2. The spirit we have received is a missionary spirit. It is around this identity and charism that we form the Missionary Cenacle Family and it becomes the place where we belong more than any other place.
3. Missionaries for the entire world. Our international and multicultural identity allows us to give ourselves completely to everyone, especially the most poor and abandoned.
4. Missionaries enkindled with a prophetic fire. The motivation for who we are and what we do is the burning fire, which is an apostolic zeal that seeks the intensity of the white heat, especially when it comes to social justice.
5. An apostolic fire that enkindles others with the goal that they be apostles. It is part of our charism, that participation in the spirit of Jesus that enables us to yearn that the divine fire would already have the world ablaze; for every baptized individual to be an apostle.
6. An evangelical fire that conveys the Good News in a concrete way. We are not about an activism that seeks to fulfill a personal desire or motivation by responding to the symptoms. The Good News is directed to the root, the structures that undermine the mere possibility of believing in God.

7. A Catholic fire for everyone and that is one with the Church. The catholic fire does not exclude, it includes everyone, especially those most marginalized. It is here that we find the *sentiré cum ecclesia* and our call to fidelity.
8. Charity aflame, which makes it possible for the missionary to decide to love to the extreme from the love he has received.

## **PROFILE OF A MISSIONARY SERVANT**

These eight points, derived from our Rule of Life, constitute the vision or goal of our formation and vocation. Additionally, it should be noted that the presence of this vision makes up the criterion that we look for in a prospect during the follow-up in the Vocation Promotion phase.

In terms of human development, in order for the student to be trained in these tasks and implemented in his missionary work, he needs to develop abilities and skills on a personal and relational level with his Brothers and Sisters of the Community, the Cenacle Family and the People of God. This human development will enable him to live a free and happy vowed life as a Missionary Servant of the Most Holy Trinity.

It's important to note that our human development curriculum for the Missionary Servants of the Most Holy Trinity requires the same development foundations that shall be important for every individual. The grace of a vocation does not get around human nature! On the other hand, the vocation of a Missionary Servant of the Most Holy Trinity is about *an apostolic spirit is a rare spirit, a priceless spirit, a spirit high above that of those who are ordinarily devout. RL 39*. In the bullet points below, it is very important that each line be accompanied by the fact that our vocation is about a rare apostolic spirit. Namely, that our life as a Missionary Servant is a life of dedication and commitment in following Jesus and serving his people that cannot be confused with a status of superiority. The human development that we seek has to be intimately linked to our vocation.

Therefore, it is necessary that the student foster the following skills:

### **On a Personal Level**

- Self-awareness, which encompasses emotional life, sexual, family and relational.
- Identifying his personal motivations.
- Identifying and expressing his feelings appropriately.
- A healthy self-esteem that enables him to value himself and value others.
- Self-acceptance and accepting others.
- Personally secure, humility.

- Honesty.
- Assertive communication and behavior.
- Discipline in the required activities
- Generativity [Fruitfulness].
- Sufficiently tolerant of frustration.
- Prudence and patience.
- Aware of his own gifts.
- Takes care of himself, his relationships and work.

**On a Relational Level:** The student will work on key aspects such as:

- Feeling of Belonging.
- Openness to multiculturalism.
- Conflict management and resolution.
- Establishing and respecting boundaries.
- Teamwork.
- Leadership.
- Delegation of responsibilities.
- Serving others.
- Ability to encourage others.
- Providing support to others based on his religious identity,
- Love of Christ and the charism of the Missionary Servants of the Most Holy Trinity.
- Openness to psychological and spiritual support that others can provide.
- Time management and utilization.

## HUMAN DEVELOPMENT CURRICULUM FOR EACH FORMATION PHASE

VOCATION PROMOTION	PRE-NOVITIATE	NOVITIATE	POST-NOVITIATE
<ol style="list-style-type: none"> <li>1. We will develop a methodological structure by which we will gather the following from the prospect (potential pre-novice): information on his socioeconomic background, family background, academic, social, work and professional.</li> <li>2. We will standardize, by regions, the selection testing to provide psychological basis for the admission of prospects. We are looking for easy to understand testing from one geographical and cultural region to another. The</li> </ol>	<p>(Strong emphasis of the psychological area)</p> <p>In this formative phase, we strive to give each of the students the necessary tools that enable him to have a better relationship with God, himself, others and his surroundings, making it thus possible for him to have the opportunity for personal growth by working the following aspects: Spiritual, sociocultural, family background, life experiences in the past, self-confidence, and the development of his personal qualities, aptitudes and skills.</p>	<p>(Moderate emphasis on psychological area)</p> <ol style="list-style-type: none"> <li>1. Shall gather the information provided by the previous directors and psychologists at the beginning of the novitiate, including the evaluations and recommendations for the purpose of continuing the work from previous phases.</li> <li>2. The personal psychological process will continue as per the recommendations from the pre-novitiate.</li> <li>3. Each novice will see himself as an individual influenced by his culture, family and with his own experiences, to delve deeper into</li> </ol>	<p>(Psychological process at the discretion of the Director and the recommendations of the novitiate)</p> <ol style="list-style-type: none"> <li>1. The information provided by the former directors and psychologists, including the evaluations and recommendations will be communicated at the beginning of the Post-Novitiate for the purpose of continuing the work of previous phases.</li> <li>2. The psychological process will continue under the discretion of the Director and the recommendations from the novitiate.</li> </ol>

<p>battery of tests will include structural, personality, personality profile, intelligence and motivational.</p> <p>3. The purpose of the psychological testing includes establishing the basis for the reflection that allows for the accompaniment of the prospect that is admitted to the pre-novitiate.</p> <p>4. It is a requirement that the test include a clinical interview with a focus on attitude, background and behavior regarding sexuality.</p> <p>5. There will be a meeting with the Vocation Promotion Director and the psychologist, in order to make clear the objective of the evaluation implementation for the prospect.</p>	<p>-General Elements:</p> <p>1. It is essential to build a therapeutic relationship between the pre-novice and the psychologist by defining and explaining the role of the psychologist, as well as the objective and the importance of the psychological accompaniment. The director needs to be very intentional in clarifying for the pre-novice the importance of this area of human development and what the community expects from him by this therapeutic process. It is important to write out and sign an agreement between the student and the psychologist, in order to establish the confidentiality of the psychological accompaniment. We will make it clear that only the Director will receive reports on the work done by the man in formation.</p>	<p>building community and experiencing it.</p> <p>3.1) Cultural aspect: This Examination will enable students to reassess their cultural identity and share it with their brothers. They shall acknowledge their differences in order to respect them and their similarities in order to establish aspects that are shared and to take advantage of these in order to establish a cross-cultural community.</p> <p>3.2) Family aspect: Shall Examine, present and analyze the family dynamics of where he comes from, as a model for relating to others. Shall examine the main points of the family dynamics and how they are reproduced in the group dynamics of the novitiate, for the purpose of identifying the obstacles and resources in building community.</p> <p>3.3) Personal aspect: The novice will examine the emotional hurts that he's experienced throughout his entire life, generated by his</p>	<p>3. Shall consolidate his identity as a Trinitarian Missionary, will review and integrate the apostolic work, with the theological foundation and his personal history.</p> <p>4. The program Director and the spiritual director will provide times for self-exploration that confirm that God is acting in the life of the student.</p> <p>5. Goals shall be clarified to confirm the fruits of his human growth, with a focus on community and service.</p> <p>6. Personal motivations are scrutinized for a spiritual foundation to make sense of the personal conflicts arising from human nature, according to the requirements of the Trinitarian Missionary life.</p>
-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

<p>6. The profile of the Missionary Trinitarian will be shared with the prospect and we will explain the human development plan and the need for him to cooperate with such plan.</p>	<p>2. The Director, the pre-novitiate student and the psychologist will together develop, for each semester, a personal growth plan in the area of human development. At the end of each semester, there will be a review of the student's progress with the Director and the psychologist present.</p> <p>3. Considering that the pre-novitiate is the first phase of formation and that the house of formation is a multicultural environment, it is important to accompany the students in a process of adapting and making adjustments in the house of formation, for the purpose of stimulating positive activities, taking responsibility for one's actions and [building] self-confidence.</p> <p>4. In this phase of formation especially, it is important to identify –in case they exist– the presence of personality pathologies and disorders. It is</p>	<p>cultural, family and relational situation. We will analyze the characteristics and consequences brought about by the different hurts and we will propose a series of aspects to work on in order for these to be healed.</p> <p>4. Shall know and analyze the basic psychological elements to live a vowed life.</p> <p>4.1) Chastity: Based on personal honesty, shall develop health relationships with others.</p> <p>4.2) Poverty: Will work on accepting who he is and what he has. Will examine the emotional impact that he's experienced –in some cases– due to the poverty of his family of origin.</p> <p>4.3) Obedience: Shall examine his relationship with authority and how he has carried it out with other people.</p> <p>The three vows will be examined from the standpoint of the psychological conditions</p>	<p>7. Shall develop the ability to manage and/or resolve personal and interpersonal conflicts in the community and in apostolic life.</p> <p>8. Shall promote and consolidate attitudes that are tolerant of frustration and anxiety: impulse control, exercising responsible freedom without disparaging others or intending to be the center [of attention].</p> <p>9. Shall consolidate attitudes of flexibility, accessibility and adaptability as personal and indispensable characteristics to form community from a theological reflection to serve the mission.</p> <p>10. Shall learn models of leadership suitable to the charism of the Trinitarian Missionaries.</p>
---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>important to note that a homosexual orientation is not a pathology nor is it a personality disorder. The rejection of one's sexual orientation is a situation that requires attention.</p> <p>5. In an intentional manner, in the psychological accompaniment, we will delve deeper into the topic of affectivity, with the integration of the student's emotions and thoughts in each of the experiences he has lived both in the past and in the present.</p> <p>6. The pre-novitiate student will do his human development work to attain the following objectives. It is to be noted that in the endeavor of attaining these objectives, the vowed life must be given much consideration:</p> <p style="padding-left: 40px;">6.1) Sociocultural Aspects:</p> <p>A. He will acknowledge that being part of the Trinitarian</p>	<p>necessary in order to take on the commitment that these imply. We will work on aspects such as honesty, self-esteem, sexuality, our relationship with authority and the exercise of authority. It's important to compare these aspects with their counterparts so that the novice may pinpoint how dishonesty, low self-esteem, and pride can deform the meaning of the vows and facilitate the misuse of the communal resources, the inappropriate relationships, authoritarianism and rebelliousness among us. The emphasis on the psychological conditions will be on the vows.</p> <p>5. Shall participate along with his brothers and other people in building a healthy coexistence (fellowship).</p> <p>5.1) Shall develop leadership skills from collaborating with the laity.</p> <p>5.2) It's important that the novice handles his own emotional wounds for his personal growth to continue and so that his</p>	<p>11. Shall come to understand how his gifts as well as his weaknesses work, for the purpose of developing strategies to balance them and have the ability to commit to serve God.</p> <p>12. Shall learn how to use his time efficiently.</p> <p>13. Shall learn how to manage stress.</p> <p>14. Shall understand the importance of having a support group.</p> <p>15. Shall learn to develop intimate relationships within the boundaries of chastity.</p> <p>16. Shall recognize the process of falling in love as something that is normal, and shall learn how to handle it when it happens, from a vowed life [standpoint].</p>
--	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>Missionaries implies being intercultural and that he needs to be prepared for this. Thus, both in the group and the individual work, this is a key point of the psychological area in the pre-novitiate.</p> <p>B. In the formation house we will develop and promote an intercultural sensitivity in our everyday shared life, taking advantage of our religious feast days, socials and even civic holidays from each of the countries of the pre-novitiate students, in order to learn more about each culture and to support the multicultural identity of the house.</p> <p>C. Given the presence of laity and members of the Cenacle at the house, priority must be given to the topic of a healthy relationship with men, women, and children; because of the guests that come to the house of formation, and before going to mission and on vacation to their own countries.</p>	<p>apostolic work won't be affected by unconsciously mixing, his personal situation with the situation of the people with whom he is interacting. In other words, we look for the novice not to interact with people from his unresolved grief, but for him to be "a wounded healer" that supports others from his own experience of healing.</p> <p>5.3) Shall integrate his personal story with the spirituality and charism of the Missionary Cenacle.</p> <p>5.4) The novice will be invited to integrate the spiritual component and the charism with his own personal development work, drawing from his personal and communal work.</p>	<p>An additional battery of tests will be implemented, different from the one that was implemented when he entered, before advancing the post-novitiate student for perpetual vows.</p>
--	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

	<p>D. They will be introduced to the practice of the House Council and how this generates a common awareness of how we are living at the formation house, both in the practical and spiritual [sense], primarily consistent with our charism.</p> <p>6.2) Family Background:</p> <p>A. Shall examine his family of origin where behaviors, feelings expressed, formation of thoughts and attitudes are manifested that impact the personality of the candidate. Life experiences of the past.</p> <p>B. Will gain awareness regarding his life story, the events experienced and his family relationships.</p> <p>6.3) Affective Development and Maturity:</p> <p>A. Will recognize and verbalize his emotions.</p>		
--	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	--

	<p>B. Will know and understand his motivations to facilitate their clarification.</p> <p>C. Will review his thoughts and fantasies (with the help of cognitive behavioral therapy) for the purpose of looking for alternate and healthier thoughts for himself.</p> <p>D. Will gain awareness of his fears.</p> <p>E. Will work on his self-image.</p> <p>F. Will learn to manage grief due to loss, separation and death or crisis that he experienced in his formation process.</p> <p>6.4) Shall work on his sexual development based on the following points:</p> <p>A. Sexual history (models, examples and significant figures).</p> <p>B. Difference between sexuality (in itself) and sex.</p>		
--	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	--

	<p>C. Recognizing possible sexual conflicts.</p> <p>D. Discovering and accepting his sexual orientation and that of his classmates.</p> <p>E. Acknowledging the use of compensations and/or development of addictions, for example: use of pornography, substance abuse, and masturbation.</p> <p>F. Will understand the reality of celibate life and the means to live it.</p> <p>G. Will know, establish and respect the boundaries that should be kept with children, women and men, avoiding and preventing inappropriate behavior, including abuse.</p> <p>6.5) Personal Health</p> <p>A. Will learn basic health and hygiene habits.</p> <p>B. Will develop a personal exercise plan.</p>		
--	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	--

	<p>C. Will learn basic aspects of nutrition.</p> <p>D. Will learn to eat foods from other cultures and countries.</p> <p>6.6) Developing Personal Qualities, Aptitudes and Skills</p> <p>A. Will develop leadership skills from collaborating with the laity, avoiding savior or paternalistic behaviors trying to fix in others his unattended or unresolved issues.</p> <p>6.7) Shall strengthen a feeling of belonging and build his Trinitarian Identity, which will provide for better self-discovery. Will review his relationship with authority figures and will develop trust of those in authority.</p> <p>A. Shall develop communication strategies that enable him to talk about complex situations in the community, especially in the House Council.</p>		
--	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	--

	<p>B. A healthy relationship with the Director will be established for the development of communication and trust.</p> <p>C. Shall learn, practice and promote basic principles of courtesy, hospitality, kindness and cordiality in the formation house, especially in terms of his relationship with employees, visitors and females.</p> <p>D. Shall make the Cenacle virtues, the spiritual guide and the practice of the Sacraments, a daily occurrence, which will encourage him to become a better person through God's grace.</p>		
--	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------	--	--

## METHODOLOGY

To accomplish the outlined objectives in the Formation Manual, the students will work on their personal growth, both on the personal and group level.

## **Personal Level**

- The students shall have individual sessions where they will work and heed the recommendations given by the program director, the formation team and the psychologist.
- At the end of each semester, the progress of the student will be reviewed. During these sessions, there will be a review on how the student is living his process, his expectations and concerns, his emotional and affective situation regarding life events in the past and in the present.
- During all the formation phases, personal work will be linked with the spiritual (Man of God and the Charism), asking the student to try to acknowledge God's presence in the different aspects of his life, and for him to also sustain himself by his personal prayer to understand himself and his relationship with God better.
- Sessions between the program Director and the students will be held regularly for the student's education, correction or encouragement as an essential component of his human development.
- Psychological evaluations will be applied before entering the pre-novitiate and before the profession of final vows.

## **Group Level**

- Weekly group sessions with the psychologist will be held in the novitiate and twice a month in the pre-novitiate, each one lasting two hours. During those sessions the students will share on their personal process, the cultural and family context they come from, for the purpose of having them learn how to be part of a community from their own identity. The work is designed in a way that they will go from a general (broad) to a personal [perspective].
- Workshops: In addition to the group sessions with the program director, the psychologist or a guest, well-qualified individuals will hold workshops on important human development topics.
- The student shall be invited to study books, articles and other appropriate materials on human development topics, primarily in the post-novitiate phase.
- An invitation to participate in group activities such as sports, meal preparation, fundraising, cleaning, and house repairs will be extended.

- The student shall be introduced to the skills needed to organize retreats and other pastoral activities, in keeping with the charism and that are useful in building responsibility and the ability to work in a team.

## **THE RELATIONSHIP BETWEEN THE DIRECTOR AND THE PSYCHOLOGIST**

- The psychologist and the Director should establish a relationship of mutual trust and respect, maintaining good communication.
- The psychologist is not part of the formation team, but a resource in order to accomplish the objectives of the human development program. He/she should be considered as a staff member that provides a professional service.
- The psychologist will not usually meet with the formation team, but if his/her participation is required for specific aspects, he/she will be called upon at the discretion of the director.
- The psychologist and the Director should meet frequently in order to talk, in general terms, about the progress of the students and the planning and implementation of the human development curriculum. The students need to know this so that they understand that the confidentiality with the psychologist is not broken.
- The planning and implementation of the human development curriculum is a shared responsibility by all. The psychologist is involved as an important resource.
- The expectation is that there will be an annual review of the Human Development Curriculum or as circumstances warrant it.